



Adverbs of frequency

Always usually often sometimes never

- ❖ It is + adverb + adjective
E.g. It is always hot.
- ❖ It + adverb + verb
E.g. It usually snows.



A) Look at the table and write sentences:

What Ann and John do when they are on holidays		
	Ann	John
Goes to discos	*	****
Phones his/her family	**	*
Writes postcards	***	**
Visits the zoo	①	***
Plays computer games	****	①

**** always *** usually ** often * sometimes ① never

- ❖ Ann sometimes goes to discos.
- ❖ She _____
- ❖ She _____
- ❖ She _____
- ❖ She _____
- ❖ John _____
- ❖ He _____
- ❖ He _____
- ❖ He _____
- ❖ He _____



B) Susan is talking about her Saturdays. Put the words in the right order.

- ❖ Get I early on never Saturdays up.
- ❖ At o'clock usually breakfast have I nine.
- ❖ In often go pool I the morning to the
- ❖ Listen afternoon I music to the in sometimes.
- ❖ In television I evening always the watch.
- ❖ At usually midnight bed go I to



C) Put the adverbs in the right position.

- ❖ It is warm in Lisbon. (always)
- ❖ It rains in the summer in Florida. (often)
- ❖ I have a shower in the afternoon (always)
- ❖ I go to bed late. (never)

D) Write tree things that you usually do on Saturdays and Sundays and three things that you never do.

- ❖ _____
- ❖ _____
- ❖ _____
- ❖ _____
- ❖ _____
- ❖ _____